



Blended Learning Standard First Aid & CPR

What is a blended learning first aid course?

Blended learning is a combination of in-class, face-to-face instruction with online instruction. Typically, theory and information are conveyed to the participants outside of the classroom through an online component. This allows for the in-class component to concentrate on skill development and the application of theory. In the case of the Red Cross First Aid courses, a self-paced, online session is completed first, followed by an in-class skills session with a Red Cross First Aid Instructor.

What can a blended learning first aid course do for my workplace?

There are many costs associated with ensuring your workplace is compliant with provincial/territorial workplace insurance requirements. One of the major challenges can be scheduling employee training while ensuring business continuity.

Conventional training requires an employee to attend a Standard First Aid Course for two full workdays. This training is often staggered to ensure business doesn't suffer, but sometimes, rescheduling even a portion of an employee's work time can prove difficult. Blended learning first aid provides a more attractive and flexible alternative.

Employees taking a blended learning course complete a portion of the training on their own time and at their own pace. This could be done over a period of weeks with employees taking only an hour here or there to complete the online component of the course. It can be accommodated into the busiest of schedules. Attending the one-day, in-classroom session and passing the knowledge evaluation completes the requirements of the course and provides your employees with the required certification.

Blended learning delivery saves more than eight hours in business downtime per employee.

A quality learning environment

Blended learning also offers your employees a more personalized way to learn first aid. The online component is self-paced and employees can focus on areas where they feel they need more time.

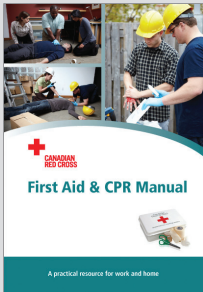


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For more information about how blended learning first aid & CPR can work for your business, please contact:

Standard First Aid & CPR Blended Learning

- Comprehensive course offering first aid and CPR (cardiopulmonary resuscitation) skills for those who need training due to work requirements or who want more knowledge to respond to emergencies at home.
- Includes the latest first aid and CPR guidelines and meets a variety of provincial/territorial regulations for Standard First Aid and CPR.
- Exceeds standards of similar courses on the market by including injury prevention content, CPR, and AED (automated external defibrillation).

Duration	8 hours online*, 6 - 8 hours in class
Instructor	Red Cross First Aid Instructor or Instructor Trainer
Completion Requirements	Online completion certificate, 100% attendance of the skills demonstration, and 75% min. passing grade on written exam
Certification	3-year certification in Standard First Aid, CPR Level A, C, or HCP, and AED
Recertification	7-9 hours including online component; includes CPR Level C, adheres to local legislation
Course Content	<ul style="list-style-type: none"> > Preparing to respond > The EMS system > Check, Call, Care > Airway emergencies > Breathing and circulation emergencies > First aid for respiratory and cardiac arrest > Wound care > Head and spine injuries > Bone, muscle, and joint injuries > Sudden medical emergencies > Environmental emergencies > Poisons <p><i>Includes any other content required by specific legislation</i></p>
Take-Home Materials	<p>Red Cross First Aid & CPR Manual Online completion certificate, certification card and optional wall certificate</p> 

* Timelines provided for the online content are suggested and will vary depending on the comfort level of the participant with the content.