

# First Responder

First aid and CPR skills for professional first responders or those wanting to become first responders. Course teaches techniques for sustaining life, preventing further injuries, and caring for illnesses and injuries until the next level of medical personnel arrives. Includes CPR level HCP and AED.



<b>Duration</b>	40 hours. Flexible scheduling options.	
<b>Instructor</b>	Red Cross Emergency Care Instructor or Instructor Trainer	
<b>Prerequisites</b>	CPR Level C	
<b>Completion</b>	100% attendance, skills demonstration, and 80% min. passing grade on written exam	
<b>Certification</b>	3-year certification in First Responder, CPR Level HCP, and AED	
<b>Recertification</b>	20 hours; includes CPR Level HCP	
<b>Course Content</b>	<p><b>Part 1 – Preparing to Respond</b></p> <ul style="list-style-type: none"> <li>■ The responder</li> <li>■ The emergency scene</li> <li>■ Preventing disease transmission</li> </ul> <p><b>Part 2 – Establishing Priorities of Care</b></p> <ul style="list-style-type: none"> <li>■ Anatomy and physiology</li> <li>■ Assessment</li> <li>■ Respiratory emergencies</li> <li>■ Airway and ventilation</li> <li>■ Circulatory emergencies</li> <li>■ Bleeding</li> <li>■ Shock</li> </ul> <p><b>Part 3 – Traumatic Injuries</b></p> <ul style="list-style-type: none"> <li>■ Soft tissue injuries</li> <li>■ Musculoskeletal injuries</li> <li>■ Head and spine injuries</li> <li>■ Chest, abdominal, and pelvic injuries</li> </ul>	<p><b>Part 4 – Medical Emergencies</b></p> <ul style="list-style-type: none"> <li>■ Sudden illnesses</li> <li>■ Poisoning</li> <li>■ Heat- and cold-related emergencies</li> </ul> <p><b>Part 5 – Special Populations and Situations</b></p> <ul style="list-style-type: none"> <li>■ Special populations and crisis intervention</li> <li>■ Childbirth</li> <li>■ Reaching and moving people</li> <li>■ Multiple casualty incidents</li> <li>■ Transportation</li> <li>■ Workplace</li> </ul> <p><i>Includes CPR HCP</i> <i>Includes any other content required by specific legislation</i></p>
<b>Take-Home Materials</b>	<p><i>Emergency Care</i></p> <p><i>Emergency Care Workbook</i></p> <p>Certification card and optional wall certificate (or as required by legislation)</p>	